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**Guidelines for Engagement**

**The School for the Second Half of Life**

We intend to engage from the place of Beginner’s Mind – openness to the new in ourselves and others, suspending judgement

We commit to attending regularly, being on time, fully present

We commit to each one’s responsibility for ensuring the group honors these guidelines

We commit to creating a contemplative environment, welcoming and honoring spontaneous moments of silence as they may arise during our time together

We commit to deep listening to ourselves and to one another, to listen with the ear of our heart; to respond from our lived experience and not try to “fix” anyoneelse

We commit to holding confidential all that is shared in this sacred circle

We commit to honoring our differences by discovering them, acknowledging them and learning about them and from them

We welcome open, honest conversation and commit to full participation. We also honor the choice to not speak

We commit to praying for/blessing one another and our work together between our gatherings